

## **FACIAL TREATMENTS**

### **Hydradermie | The Star of Facial Treatments**

Designed to restore your skin's natural beauty, the treatment is customized to meet your skin's individual needs, whether normal, oily or dry. Recommended as a course of three treatments or as a maintenance treatment every month, Hydradermie is the most effective deep-cleansing and hydrating treatment for your face.

50 min | \$125 regular

80 min | \$185 plus \*includes eye and neck treatment

### **Liftosome | The "Lifting" Effect**

Liftosome was developed specifically to treat the problems associated with mature skin. During the time that the thermal mask is left on, it shapes the facial features and diffuses energizing concentrates of orange (vitamin C) and ginseng. These active ingredients, combined with the warming effect, fill the skin with new energy, restore its elasticity and regenerate new cells.

50 min | \$125

### **Beauté Neuve | A "Peeling" and Radiance Effect**

The peeling effect restores radiance and allows the skin to breathe. Beaut  Neuve will remove superfluous cells and help the skin breathe again. Cellular renewal is accelerated and you will discover a fresh complexion, more beautiful and more radiant skin.

50 min | \$125

### **Aromatic | The Magic of Plants**

Lose yourself in a tantalizing world of fragrant herbs, plants and flowers and relaxing massage. When you enter the treatment room, the welcoming fragrance of the essential oils beckons you on a wonderful voyage. Find tranquil beauty with this unique method that combines the benefits of essential oils with de-stressing and tension reducing massage techniques and mask tailor-made to your beauty requirements. Aromatic is recommended as a quick pick-me-up or as a course of three treatments.

50 min | \$125

## **Men's Spa Facial**

This treatment is specially designed to suit the needs of men's skin. It will leave your face feeling clean, toned and fresh. Deep cleansing and nourishing products combined with a luxurious facial massage makes this a perfect facial for him.

50 min | \$125

## **Express Facial**

This hydrating, cleansing and moisturizing treatment will leave your skin feeling refreshed, healthy and soft.

25 min | \$70

### **Enhance Your Service and Add to Any Facial:**

Paraffin wax treatment for hands or feet | \$20

Scalp treatment | \$20

Eye treatment | \$20

Neck treatment | \$20

## **MANICURE & PEDICURE**

### **Deluxe Spa Manicure**

Relax your tired hands with our deluxe spa manicure. This session includes all of our standard manicure treatments and also includes an exfoliating scrub, hydrating mask and paraffin wax treatment to leave your hands looking and feeling incredible.

50 min | \$60

### **Deluxe Spa Pedicure**

Our deluxe pedicure goes way above the routine pedicures. Your treatment includes our standard pedicure services and also incorporates a refreshing foot scrub, stimulating foot mask and heated paraffin wax treatment on your feet. All this, followed by a relaxing massage and to finish, your toenails are reshaped and polished. Leaving your feeling pampered!

50 min | \$70

## **Express Manicure**

This session includes cuticle trimming, nail shaping, a moisturizing hand massage and polish application. This session is best for the quick touch ups and for people who regularly get manicures.

25 min | \$40

## **Express Pedicure**

This soothing treatment includes a soak, foot file, cuticle trimming, nail shaping and polish application. This session is best for the quick touch ups and for people who regularly get pedicures.

25 min | \$45

## **French Manicure/Pedicure**

Add a little bit of style to any manicure/pedicure, using French polish.

15 min | \$10

## **Men's Manicure**

Includes trimming and tidying up of cuticles & nails, hand scrub and hydrating massage.

25 min | \$40

## **Men's Therapeutic Foot Treatment**

Includes nail filing, cuticle trimming, foot file to remove calluses, a heated paraffin wax treatment and foot massage.

50 min | \$70

## **BODY WRAPS**

All of our body wraps will leave you feeling relaxed and rejuvenated. Our wraps include a gentle exfoliation, product application and a soothing scalp massage while enveloped in a heated linen cocoon. After a hot shower, enjoy a soothing aromatic moisturizing application.

50 min | \$125

Add an Exfoliating Facial to any Body Wrap | \$70

## **Acti-Sea Body Mud**

Our most effective treatment for smoothing, stimulating and detoxifying skin and body. Acti-Sea Body Mud contains a potent mix of five French seaweeds. Submerging the body in a pure marine active to stimulate, firm and moisturize. Also included are the nourishing, protecting and softening oils of Jojoba, Avocado, Peach and Sunflower.

## **European-Rose Body Mud**

Breathe in the aromatic fragrance of the French countryside as you surround the skin in a richly hydrating cocoon. This remarkable mud contains soothing Rose Clay extracted from the Provence region of France. Carefully sun-dried to retain its purity, this treatment is the ultimate for skin refining and extreme hydration, perfectly suited for dry, delicate, weathered or aged skin. Also included are the nourishing, protecting and softening oils of Jojoba, Avocado, Peach and Sunflower.

## **Black Baltic Body Mud**

Free skin of environmental stress and toxins with centuries old "Curative." Our unique black mud improves skin texture and extracts pore-clogging impurities that damage and weaken skin. This intricate mix enhances cell turnover while deeply hydrating skin and

promoting cell oxygenation. Regular use imparts freshness, firmness and uniformity to the skin.

## **COUPLES SPA PACKAGES**

### **Couples' Escape**

Escape the stress of your jam-packed daily routine and bond with your partner while being pampered with a full body massage, scalp treatment and aromatherapy paraffin hand and foot treatment. This packaged is guaranteed to leave you both in a relaxed state of bliss. Performed by a Relaxation Therapist or Registered Massage Therapist. Confirm preference when booking.

80 min | \$320 Relaxation Therapist

80 min | \$370 Registered Massage Therapist

### **Couples' Romance**

Rekindle the romance with this package and enjoy a candlelit couples massage, followed by a side-by-side deluxe pedicure and time spent in a relaxing candlelit lounge. Your full body massage can be performed by either a Relaxation Therapist or Registered Massage Therapist. Confirm preference when booking.

120 min | \$360 | Relaxation Therapist

120 min | \$410 | Registered Massage Therapist

## **SIGNATURE MASSAGE**

## Registered Massage Therapist [RMT] Massage

A therapeutic massage by a Registered Massage Therapist that helps relieve muscular tension, soreness and stress. Our therapists are specially trained to give you the massage you want, leaving you feeling relaxed and rejuvenated. Need help with aches and pains, ask us! We can help. Insurance receipts provided.

25 min | \$70

50 min | \$135

80 min | \$185

## Golf Massage

A specially designed therapeutic massage that targets the areas of the body most affected by your game.

80 min | \$195

*\*Upgrade to RMT for an extra \$25*

## Hot Stone Massage

Warm lava rocks are strategically placed to relax the muscles and stimulate circulation. Enjoy the hot stones along with your full body massage for some extra pampering.

50 min | \$155 | Registered Massage Therapist

80 min | \$195 | Registered Massage Therapist

50 min | \$130 | Relaxation Therapist

80 min | \$170 | Relaxation Therapist

*\*Upgrade to RMT for an extra \$25*

## Relaxation Massage

Escape from the stress and strain of life with this relaxation massage using pure essential oils. An overall light body massage, designed to leave you relaxed and pampered.

25 min | \$60

50 min | \$110

80 min | \$160

*\*Upgrade to RMT for an extra \$25*

## **DAY SPA PACKAGES**

### **Pure Balance Package**

Includes express facial, heated peach wax hand and foot treatment with relaxing pressure point massage, aromatherapy hot towels invigorating back scrub and hot stone back massage.

2 hours | \$195

### **Retreat to Nature**

Includes deluxe pedicure, express facial, aromatherapy hot towels with body polish, European rose body mud wrap and a massage that incorporates Swedish and hot stone techniques.

3 hours | \$295

### **Ultimate Spa Sensation**

Includes spa facial, invigorating scalp treatment with massage, aromatherapy hot towels, your choice of body wrap including invigorating body polish, deluxe manicure and pedicure and Swedish full body massage.

5 hours | \$465

## **BRIDAL PACKAGES**

Getting you ready for your BIG DAY! Let us pamper you and take away all your stress!

### **Wedding Wishes**

Includes relaxation massage, Guinot facial, deluxe pedicure, deluxe manicure and wine and chocolates as we pamper you.

4 hour package | \$365

### **Spaberry Bride**

Includes Beautè Neuve radiance facial , express manicure with french polish, bikini wax and wine and chocolates to enjoy after being pampered.

2.5 hour package | \$200

### **Dazzling Bride**

Includes deluxe manicure, deluxe pedicure, bikini wax, eyebrow shaping and wine and chocolates to enjoy while getting pampered.

2.5 hour package | \$175

### **Blushing Bride**

Includes mini facial, mini manicure and paraffin foot treatment.

2.5 hour package | \$130

### **For the Groom**



Includes sport massage, sport pedicure and sport manicure.

2.5 hour package | \$220

## **MENS SPA TREATMENTS**

### **Gentlemen's Retreat**

Includes classic facial, relaxation massage and sports manicure.

2 hour package | \$225

### **Men's Spa Facial**

This treatment is specially designed to suit the needs of men's skin. It will leave your face feeling clean, toned and fresh. Deep cleansing and nourishing products combined with a luxurious facial massage makes this a perfect facial for him.

50 min | \$125

### **Men's Manicure**

Includes trimming and tidying up of cuticles and nails, hand scrub and hydrating massage.

25 min | \$40

### **Men's Therapeutic Foot Treatment**

Includes nail filing, cuticle trimming, foot file to remove calluses, a heated paraffin wax treatment and foot massage.

50 min | \$70